

Sample Daily Schedule ***Adult and Corporate Groups***

Estimate group size of 40

8:45 Group arrives
Large Group Activities
Split up into small groups

9:00 – 10:30 Program Period One

- 1) Climbing Tower 3) Initiatives
- 2) Climbing Tower 4) Initiatives

10:30 – 12:00 Program Period Two

- 1) Initiatives 3) Climbing Tower
- 2) Initiatives 4) Climbing Tower

12:00 – 1:00 Lunch

1:15 – 2:45 Program Period Three

- 1) Low Ropes 3) Low Ropes
- 2) Low Ropes 4) Low Ropes

3:00 Closing Activity

Group departs at 4:00

Sample Weekend Schedule Adult and Corporate Groups

Estimate group size of 40

Friday

5:00 Group arrives

Orientation

6:00 Dinner

Group runs their own programs in Sunset Lodge

Saturday

8:00 Breakfast

9:00 – 10:00 **Program Period One**

Large Group Games on Lodge field

Split into 4 groups

Small Group Initiatives

10:00 – 11:30 **Program Period Two**

Groups 1 and 2 - Low Ropes

Groups 3 and 4 - Climbing Tower

12:00 Lunch

1:30 – 3:00 **Program Period Three**

Groups 1 and 2 - Climbing Tower

Groups 3 and 4 – Low Ropes

3:00 – 5:00 **Program Period Four**

Open Time: Swimming and boating

YMCA Lifeguards present

5:30 Dinner

8:00 Campfire

Sunday

8:00 Breakfast

9:15 – 11:45 **Program Period Five and Six** - Group splits in half

Group 1) High Ropes

Group 2) Waterfront

12:00 - 1:00 Lunch

1:00 - 3:00 **Program Period Seven**

Group 1) Waterfront – Swimming & Boating

Group 2) High Ropes

3:30 All Groups to Basketball court for final large group activity.

3:45 Group departs